

# APPROVAL AND ACCREDITATION

#### **Candidacy Accreditation**

American International Theology University" has gained Candidacy Accreditation by Accreditation Service for International Schools, Colleges and Universities (ASIC).



ASIC is recognized by UKVI in UK, is a member of the CHEA International Quality Group (CIQG) in USA and is listed in their International Directory, is a member of the BQF (British Quality Foundation), are affiliates of ENQA (European Network for Quality Assurance) and are institutional members of EDEN (European Distance and E-Learning Network)."

American International Theology University is authorized by the State of Florida,



Department of Education Commission on Independent Education, Section 1005.06(1)(f), to award Associate, Bachelor, Master and Doctorate Degrees.

# Master m GRIEF COUNSELING

American International Theology University has something for everyone. Now with our Accelerated Degree Programs you can complete your Master Degree in (or-less) one year. Each course is 4 credit hours and last for 6 weeks. Let your hard work and dedication pay off by achieving your degree in half the time. Enrollment is open and students may begin the program at any time. All courses are provided in online classrooms, with on-to-one faculty mentoring. Students also have free access to our comprehensive Study Tactics and Resources Center, with links to subject related web sites, online libraries, articles and research assistance.



**Tuition: \$6,150 full tuition** 

**One-time enrollment fee: \$100** 





**Graduation Fee: \$300** 

# PSYCHOTHERAPY OVERVIEW THEORY AND PRACTICE I

#### **COURSE OVERVIEW**

This course is part of the Accelerated Master's program in Grief Counseling at AITU. It is a 4-hour semester course that must be completed within 6 weeks. Its aim is to gain a working understanding of fundamental theories of psychotherapy and its practice. GRFM 500 is the first part with GRFM 525 completing the topic. Together the courses provide you with a theoretical understanding of various approaches to therapy and a practical skill set necessary for the effective practice of grief therapy. You will also find consistent opportunities to apply the material to grief therapy specifically. This is the same course that applies to the Accelerated Doctoral in Grief Counseling program GRFD 1101.

#### **GRFM 525**

## PSYCHOTHERAPY OVERVIEW THEORY AND PRACTICE II

#### COURSE OVERVIEW

This course is part of the Accelerated Master's program in Grief Counseling at AITU. It is a 4-hour semester course that must be completed within 6 weeks. Its aim is to gain a working understanding of fundamental theories of psychotherapy and its practice. GRFM 500 is the first part with GRFM 525 completing the topic. Together the courses provide you with a theoretical understanding of various approaches to therapy and a practical skill set necessary for the effective practice of grief therapy. You will also find consistent opportunities to apply the material to grief therapy specifically. This is the same course offered as part of the Accelerate Master's program in Grief Counseling GRFD 1102.

# GRIEF COUNSELING

#### **COURSE OVERVIEW**

This course is part of the Accelerated Doctorate in Grief Counseling program at AITU. It is a 4-hour semester course that must be completed within 6 weeks. The aim of this course is to introduce students to the theory and practice of grief counseling. The coursework topics include: the nature of the experience of grief, attachment/loss, the major factors that mediate the mourning process, "uncomplicated" vs. "complicated" grief processes and how they can be facilitated by the counselor, special types of loss (such as through suicide), grief in the family system, preparing to deal with loss/grief as a counselor.

#### **GRFM 625**

# TREATMENT PLANNING

#### COURSE OVERVIEW

This course is part of the Accelerated Doctorate Program in Grief Counseling offered by AITU. It is a 4-hour semester course that must be completed in 6 weeks. Its aim is to provide you with a background in identifying presenting problems and developing goals, objectives and other aspects to assist clients in making progress in therapy while enhancing the therapeutic alliance.

Please bear in mind that this is an accelerated program, so you will find the course to be fast-paced and the workload a bit more intense than what is typical in a regular program.

## GRFM 575 ETHICAL ISSUES IN COUNSELING

#### **COURSE OVERVIEW**

This course is part of the Accelerated Doctorate in Grief Counseling program at AITU. It is a 4-hour semester course that must be completed within 6 weeks. The aim of this course is providing students with an overview of major ethical issues in counseling and how to handle a variety of situations in practice, including self-awareness, multicultural sensitivity, legal issues, confidentiality, boundaries, multiple relationships, issues surrounding consultation and supervision, and a selection of ethical issues related to work with couples, families, groups and communities.

#### **GRFM 700**

## MULTICULTURAL ASPECTS OF GRIEF COUNSELING

#### **COURSE OVERVIEW**

This course is part of the Accelerated Master's program in Grief Counseling at AITU. It is a 4-hour semester course that should be completed within 6 weeks. The aim of this course is to familiarize students with counseling clients from various cultures; by examining their own cultural background; then identifying the existing differences of people from various cultures; finally by the development of effective interventions for their clients. Finally, supplemental readings and videos speaking more specifically about cultural variations in understanding and processing grief and bereavement and to provide them with a working knowledge of how to be aware of/sensitive to cultural diversity while engaging in grief therapy.

# GRIEF COUNSELING WITH FAMILIES

#### **COURSE OVERVIEW**

This course is part of the Accelerated Master's program in Grief Counseling at AITU. It is a 4-hour semester course that should be completed within 6 weeks. The student will learn the complexity involved with families as they bereave, experience loss and grief. Assessing the family in the midst of their grief in terms of those complexities, developing therapeutic interventions, and the circumstances of the loss is also examined. Finally the nature, extent and providing appropriate and effective help with families who don't seem to move on, who are experiencing complicated grief are explored.

# RESEARCH METHODS

#### **COURSE OVERVIEW**

This class will provide an analysis of business problems and the use of scientific research as a problem-solving tool. This encompasses the understanding and application of appropriate research designs, research statistics, and the use of the computer for data analyses, and report writing and presentation. This is a 4-credit-hour course and allotted 6 weeks of time.

# GRIEF COUNSELING WITH CHILDREN AND ADOLESCENTS

#### **COURSE OVERVIEW**

This course is part of the Accelerated Master's program in Grief Counseling at AITU. It is a 4-hour semester course that should be completed within 6 weeks. This course is designed to help the student learn how to effectively assess/evaluate, develop a working relationship with and develop meaningful and effective interventions in the lives of children and/or adolescents who are experiencing loss, trauma, grief and bereavement.

#### **GRFM 775**

## **GRIEF COUNSELING WITH ADULTS**

#### **COURSE OVERVIEW**

This course is part of the Accelerated Master's program in Grief Counseling at AITU. It is a 4-hour semester course that should be completed within 6 weeks. This course is designed to help the student learn how to effectively assess/evaluate, develop a working relationship with and develop meaningful and effective interventions in the lives of adults who are experiencing loss, trauma, grief and bereavement.

# GRFM 800 MASTER'S THESIS IN GRIEF COUNSELING

## **COURSE OVERVIEW**

GRFM 800 Master's Thesis in Grief Counseling. This syllabus describes the expectations for the Accelerated Master's programs at AITU. It is an 8- hour semester course that should be completed within 12 weeks.

# Doctorate GRIEF COUNSELING

American International Theology University has something for everyone. Now with our Accelerated Degree Programs you can complete your Ph.D Degree in (or-less) one year. Each course is 4 credit hours and last for 6 weeks. Let your hard work and dedication pay off by achieving your degree in half the time. Enrollment is open and students may begin the program at any time. All courses are provided in online classrooms, with on-to-one faculty mentoring. Students also have free access to our comprehensive Study Tactics and Resources Center, with links to subject related web sites, online libraries, articles and research assistance.



One-time enrollment fee: \$100





**Graduation Fee: \$300** 

# PSYCHOTHERAPY OVERVIEW: THEORY AND PRACTICE I

#### **COURSE OVERVIEW**

This course is part of the Accelerated Doctoral in Grief Counseling program at AITU. It is a 4-hour semester course that should be completed within 6 weeks. Its aim is to gain a working understanding of fundamental theories of psychotherapy and its practice. GRFD 1101 is the first part with GRFD 1102 completing the topic. Together the courses provide you with a theoretical understanding of various approaches to therapy and a practical skill set necessary for the effective practice of grief therapy. You will also find consistent opportunities to apply the material to grief therapy specifically. This is the same course offered as part of the Accelerated Master program in Grief Counseling GRFM 500.

#### **GRFD 1102**

## PSYCHOTHERAPY OVERVIEW: THEORY AND PRACTICE II

#### COURSE OVERVIEW

This course is part of the Accelerated Doctoral in Grief Counseling program at AITU. It is a 4-hour semester course that should be completed within 6 weeks. Its aim is to gain a working understanding of fundamental theories of psychotherapy and its practice. GRFD 1101 is the first part with GRFD 1102 completing the topic. Together the courses provide you with a theoretical understanding of various approaches to therapy and a practical skill set necessary for the effective practice of grief therapy. You will also find consistent opportunities to apply the material to grief therapy specifically. This is the same course offered as part of the Accelerated Master program in Grief Counseling GRFM 525.

# GRIEF COUNSELING

#### **COURSE OVERVIEW**

This course is part of the Accelerated Doctorate in Grief Counseling program at AITU. It is a 4-hour semester course that should be completed within 6 weeks. The aim of this course is to introduce students to the theory and practice of grief counseling. The coursework topics include: the nature of the experience of grief, attachment/loss, the major factors that mediate the mourning process, "uncomplicated" vs. "complicated" grief processes and how they can be facilitated by the counselor, special types of loss (such as through suicide), grief in the family system, preparing to deal with loss/grief as a counselor.

#### **GRD 1104**

## ETHICAL ISSUES IN GRIEF COUNSELING

#### COURSE OVERVIEW

This course is part of the Accelerated Doctorate in Grief Counseling program at AITU. It is a 4-hour semester course that should be completed within 6 weeks. The aim of this course is provide students with an overview of major ethical issues in counseling and how to handle a variety of situations in practice, including self- awareness, multicultural sensitivity, legal issues, confidentiality, boundaries, multiple relationships, issues surrounding consultation and supervision, and a selection of ethical issues related to work with couples, families, groups and communities.

# GRFD 1105 TREATMENT PLANNING

#### **COURSE OVERVIEW**

This course is part of the Accelerated Doctorate in Grief Counseling program at AITU. It is a 4-hour semester course that should be completed in 6 weeks. Its aim is to provide you with a background in identifying presenting problems and developing goals, objectives and other aspects to assist clients in making progress in therapy while enhancing the therapeutic alliance.

#### **GRFD 1106**

## UNDERSTANDING AND TREATING COMPLICATED GRIEF

#### **COURSE OVERVIEW**

This course is part of the Accelerated Doctoral in Grief Counseling program at AITU. It is a 4-hour semester course that should be completed within 6 weeks. The aim of this course is provide students with a working understanding of the dynamics of "complicated" grief and how to facilitate this process through counseling. Clients with complicated grief may feel that the bereavement process has taken over their lives, gone on unaltered for a long time, and/or led them to feel "stuck in time". Conversely, complicated grief may present as muted, absent or "blank" reactions to loss actually underlie problematic emotional dynamics of denial and displacement that can in turn facilitate a host of issues (from depression to addictions). This course will provide you with an understanding of these topics and skills needed to approach them therapeutically within the context of counseling.

# GRIEF COUNSELING ACROSS THE LIFESPAN

#### **COURSE OVERVIEW**

This course is part of the Accelerated Doctoral in Grief Counseling program at AITU. It is a 4-hour semester course that should be completed with 6 weeks. This course is designed to provide student with a working understanding of how the grief process changes over the time and how grief expresses itself differently depending on when a loss occurs during a person's life.

### **GRFD 1108**

## LOSS, TRAUMA AND RESILIENCE

#### **COURSE OVERVIEW**

This course is part of the Accelerated Doctoral in Grief Counseling program at AITU. It is a 4-hour semester course that should be completed within 6 weeks. The aim of this course is to further understand the psychological experience of loss, explore the dynamics of ambiguous loss, understand resilience and how to strengthen it therapeutically, and gain further knowledge on attachment and its relationship to grief work.

## **GRFD 1109**

## THERAPY WITH THE TERMINALLY ILL CLIENT

#### **COURSE OVERVIEW**

This course is part of the Accelerated Doctoral in Grief Counseling at AITU. It is a 4-hour semester course that should be completed within 6 weeks. The aim of this course is provide students with an overview of major concerns and issues relevant to working with terminally ill clients and clients dealing with debilitating illness or serious diagnoses. Topics will include working with clients who live with serious illness, counseling clients through a difficult diagnosis, and counseling clients who are approaching the terminal phase of their lives, and addressing terminal illness within the family system.

#### **GRFD 1110**

## **GROUP SUPPORT FOR BEREAVEMENT AND LOSS**

#### **COURSE OVERVIEW**

This course is part of the Accelerated Doctoral in Grief Counseling program at AITU. It is a 4 hour semester course that should be completed within 6 weeks. The aim of this course is provide students with a working understanding of how to design and facilitate a counseling support group for bereavement and loss. Course topics will include understanding the therapeutic advantages of support groups, how to set up/organize a support group for bereavement, qualities of an effective group facilitator, handling common issues/problems within a counseling support group, and self-care for the counselor.

# DOCTORAL THESIS IN GRIEF COUNSELING

## **COURSE OVERVIEW**

Welcome to GRFD 1111 - Doctoral Thesis in Grief Counseling. This syllabus describes the expectations for both the Accelerated Master's and Doctoral programs at AITU. It is a 8- hour semester course that should be completed within 12 weeks.



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